



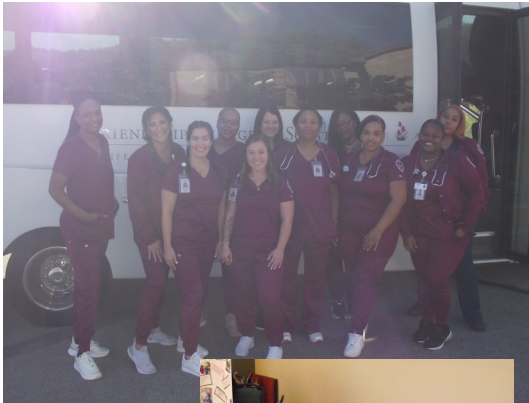
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Daylight Blood Pressure Clinic

On Wednesday, October 4, our full-time daylight class took a trip to Friendship Village of McMurray Hills to hold a blood pressure clinic.

The students were assigned partners, and worked together to create a teaching board about different aspects of blood pressure, including diet, exercise, aging and medication. They also had the opportunity to take blood pressure readings on the residents of Friendship Village who attended the Health Fair.



NCLEX Knowledge Test

1. The nurse in the emergency department is treating a patient suspected to have a Peptic Ulcer. On assessing lab results, the nurse finds that the patient's blood pressure is 95/60, pulse is 110 beats per minute, and the patient reports epigastric pain. What is the PRIORITY intervention?

A. Start a large-bore IV in the patient's arm  
B. Ask the patient for a stool sample  
C. Prepare to insert an NG Tube  
D. Administer intramuscular morphine sulphate as ordered

2. A female patient with atrial fibrillation has the following lab results:

Hemoglobin: 11 g/dL  
Platelets: 150,000  
INR: 2.5  
Potassium: 2.7 mEq/L

Which result is critical and should be reported to the physician immediately?

A. Hemoglobin 11 g/dL  
B. Platelets 150,000  
C. INR of 2.5  
D. Potassium 2.7 mEq/L



3. A nurse finds a 30-year-old woman experiencing anaphylaxis from a bee sting. Emergency personnel have been called. The nurse notes the woman is breathing but short of breath. Which of the following interventions should the nurse do first?

A. Initiate cardiopulmonary resuscitation  
B. Check for a pulse  
C. Ask the woman if she carries an emergency medical kit  
D. Stay with the woman until help arrives

4. Which of these clients is likely to receive sublingual morphine?

A. A 75-year-old woman in a hospice program  
B. A 40-year-old man who just had throat surgery  
C. A 20-year-old woman with trigeminal neuralgia  
D. A 60-year-old man who has a painful incision



5. A patient is being admitted to the ICU With a severe case of encephalitis. Which of these drugs would the nurse not expect to be prescribed for this condition?

A. Acyclovir (Zovirax)  
B. Mannitol (Osmitol)  
C. Lactated Ringer's  
D. Phenytoin (Dilantin)

# Daylight Elder Assessment

On Thursday, October 12, our full-time daylight students were invited off-campus for the second time this month to complete elder assessments at Country Meadows Retirement Facility in Bridgeville.

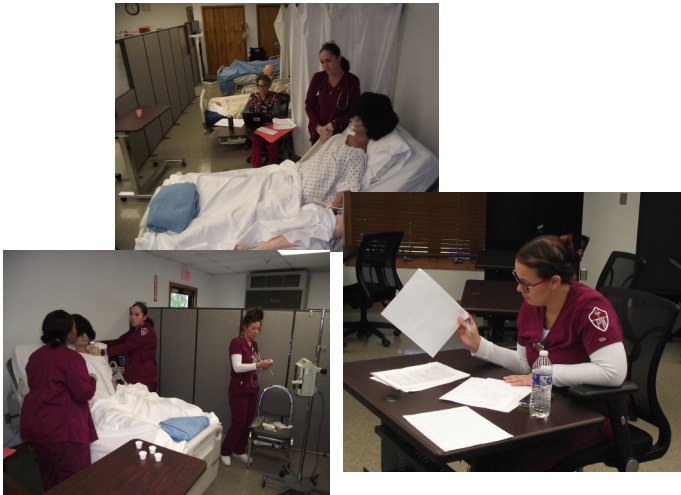
Students were to complete an elder assessment identifying strengths and weakness of the individual and create a plan of care. This experience enabled students to learn interviewing skills and begin to identify patient needs.

Thank you Rea Schell, for organizing this fantastic opportunity for our students!



# SIM Lab

On Wednesday, October 11, our part-time, second year students had their first SIM lab of the year with Mrs. Morelli, Program Administrator. In this lab, ALEX, our high-fidelity manikin was “Mrs. Bloom” a woman hospitalized with congestive heart failure. Each of the 4 students in this class were assigned a role. DeShyia Wallace was the charge nurse, Meghan Mannella was the LPN, Chelsea Jones was the Nurse Aide and Jordan White was the observer. Her responsibility was to watch her classmates and discuss what was done well, and what needed improvement. This discussion occurs during debriefing where students identify what went well and where, if they had to do it over again, changes could be made.



*“Learning is never done without errors and defeat.” ~ Vladimir Lenin*

# Student Government

The last week of September, each of our 3 classes were asked to choose their student government representatives. Congratulations to the winners of these elections!

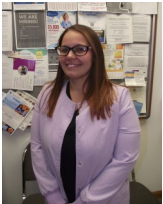
Full-Time Daylight:

- President: Jessica Ahl
- Vice President: Sariah Adkins
- Secretary: Erica Matten
- Treasurer: Trisha Zulka



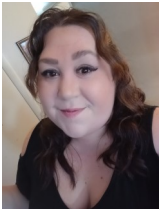
Part-Time Evening Second Years

- President: Jordan White
- Vice President: DeShyia Wallace
- Secretary: Chelsea Jones



Part-Time Evening First Years

- President: Courtney Reis
- Vice President: Cindy Kappeler
- Secretary: Caitlyn Hartle



Here each class president has contributed a description of their goals as student body representative.

**Jessica**~It’s an honor to be selected as class president. Part of being a nurse is caring for others, and as class president that will be one of my top characteristics. I will lead by making sure my peers have what each individual needs to succeed. Not only will I listen to my peers

but I will continue to be the communicator to allow a peaceful flow in the classroom. Expect me to stay organized and give friendly reminders for assignments, projects, or exams approaching our fast paced door step. Let’s make nursing school fun, by implementing fundraisers throughout the year to help raise money for our school. **We are in the driver seat at the LPN Grand Prix.** Now, Class of 2024, let’s get through this year heart to heart and graduate all together!

**Jordan**~I wanted to be class President to become more involved with the program for my classmates. I feel like a class president is helpful to bridge the gap between students, staff and community! I'm excited to be able to have a hand in change and moving forward through the program with my classmates and being as involved as possible!

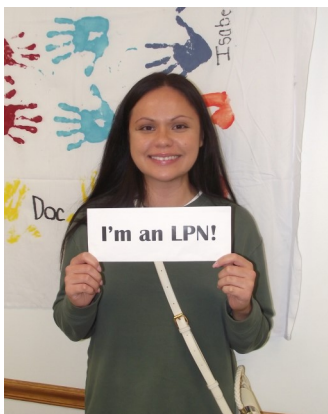
**Courtney**~My overall plan for the P.N. graduating class of 2025, is to utilize open communication and sharing our strategies for success. By creating a network of cognitive thinking and discussion we open ourselves up to a better understanding of the practices that we are learning. My overall hope for this class is that we all graduate, we pass our NCLEX exam, and that we are not only bettering ourselves, but our communities as well. “Never doubt that a small group of thoughtful committed people can change the world, indeed it is the only thing that ever has.” ~Margaret Mead

## New LPN

Congratulations to Kailey Chipps, the first Practical Nursing student from the most recent graduating class (August 2023) to take her NCLEX exam. She passed on the first attempt and within 3 months of graduation, therefore, she will receive a check for \$200 to reimburse the cost of the exam.

Here are some words of advice from Kailey regarding the exam.

“The NCLEX wasn’t as hard as Mrs. Morelli’s exams! Her exams prepared me more than I would have expected.



The exam jumped around a lot. It would go from a scenario on maternity to a multiple choice pharm question, and then onto something else. Be prepared for the changes.

The different clinical experiences and simulations helped me to connect the dots when answering these questions. But, most of all—don't wait to long. Everything is fresh, we just finished the coursework, take the NCLEX while it's still in your brain!"

*Congratulations!*

## Outreach Opportunity

While at Country Meadows in Bridgeville with our full-time daylight class in October, we were given a tour of the facility and learned a bit about it's residents. One of the things that was brought to our attention is that some of the residents repurpose plastic grocery bags into sleeping mats for the homeless.

The nursing students have decided to start collecting bags to contribute to this fantastic cause-and it's good for the environment by repurposing all those bags we have laying around!

If you would like to participate, please feel free to bring your bags by the LPN building-we will let Country Meadows know when we have a supply ready for pick up!




# WACTC Health Sciences Merch

We are excited to announce that Ed Leasure and TNT Manufacturing of Canonsburg, have partnered with our Health Sciences department to create a merchandise website where our students, staff, and fans can purchase SWAG! We are selling tee-shirts, long-sleeve tees, hoodies, zip-hoodies and sweatpants in 3 color options! The best part is that 10% of sales will come back to the program to add to our scholarship funds!



[https://  
wactcfundrais-  
er.myshopify.com/](https://wactcfundrais-er.myshopify.com/)

You can expect your order to be delivered in 2-3 weeks!

		<b>WACTC HEALTH SCIENCES</b> All Products Imprinted Locally By: TNT Manufacturing, 1 Caley Drive, Canonsburg, PA 15317	
<p><b>Unisex Dryblend 50/50 Crewneck T-shirt 5.6oz, Pill-resistant Tee.</b>          Seamless Collar. Fully Double-needle Stitched. Taped Shoulder-to-Shoulder. Available From Adult Small Thru Adult 3XL.</p>		<p align="right"><b>Product ID</b></p> <p align="center">01GD80A0A028</p> <hr/> <p align="right"><b>Design Number</b></p> <p align="center">WACTC_HS_01_GB</p>	
<p><b>GARMENT COLOR</b></p> <input type="checkbox"/> GRAY <input type="checkbox"/> BURGUNDY <input type="checkbox"/> WHITE		<p align="right"><b>Color Ink</b></p> <p align="center">BURGUNDY</p>	
<p align="center"><b>APPEARAL ADULT SIZES</b></p> <p align="center">AS   AM   AL   XL   2XL   3XL</p>		<p align="right"><b>Print Position</b></p> <p align="center">SHOP #</p>	
<p align="center"># Items</p>		<p align="right"><b>LEFT CHEST</b></p> <p align="center">[28_HEA]</p>	
<p align="center">X \$20.00</p>		<p align="right"><b>Web Price</b></p> <p align="center">Item Total</p>	
<p align="center">GRAY</p>			
<p><b>Unisex 50/50 Long Sleeve T-shirt, 5.6-ounce Seamless Body, Dryblend Fabric Wicks Moisture Away From The Body. Double-needle Stitching Throughout, Taped Shoulder-to-shoulder, Ribbed Cuffs. Available From</b></p>		<p align="right"><b>Product ID</b></p> <p align="center">02GD840A028</p> <hr/> <p align="right"><b>Design Number</b></p> <p align="center">WACTC_HS_01_GB</p>	
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<p><b>Unisex 50/50 Hooded Pullover Sweatshirt With Pill Resistant fleece, Front Pouch Pocket, Ribbed Cuffs And Waistband. Double Lined Hood With Matching Draw Cord. ~ Sizes Available From Adult Small Through Large</b></p>		<p align="right"><b>Product ID</b></p> <p align="center">03GD1B5A028</p> <hr/> <p align="right"><b>Design Number</b></p> <p align="center">WACTC_HS_01_GB</p>	
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<p><b>Unisex 50/50 Hooded Full Zip Sweatshirt With Pill-resistant Fleece. Front Muff Pockets. Ribbed Cuffs. Coveredseamed Ribbed Waistband. Single Ply Fleece Hood. ~ Available From Adult Small Through Adult 3XL.</b></p>		<p align="right"><b>Product ID</b></p> <p align="center">04GD1B6A028</p> <hr/> <p align="right"><b>Design Number</b></p> <p align="center">WACTC_HS_01_GB</p>	
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# Medical-Surgical Nursing: IV Training

Our part-time second year students are in the process of learning phlebotomy and IV insertions in their Medical-Surgical Nursing Level III course.



# Fundamentals of Nursing

Our full-time daylight class had their first lab day on Thursday, October 5. They had the opportunity to practice vital signs and other basic skills needed to care for a patient.



## Contributions? Share Your Thoughts

We welcome input from students, alumni, faculty and clinical institutions. Submissions can be made to the health sciences secretary, Jessica at [jpettigrew@wactc.net](mailto:jpettigrew@wactc.net) or by calling 724-746-0467. Thank you in advance for your contributions.



## Exam Prep

Please know, that even after graduation, our instructors are here for you. If you haven't yet taking your boards, please contact the school, and our staff will help you prepare for your exam in any way that they can!

# Practical Nursing IV Certification Course

We are excited to announce that our first IV Certification course started on Monday, October 2. This 6 week course covers peripheral catheterization, central lines, IV start, fluid and antibiotic administration, primary line, secondary line, priming and flushing the line and IV discontinuation.

At the end of the 4 week class and lab time, our 5 students will complete a 2 week externship at Canonsburg Hospital Emergency Department to attain the required IV insertions.



**No Classes for the Thanksgiving Holiday**  
Thursday, November 23— Monday, November 27  
Classes will resume on Tuesday, November 28

Enjoy your time with family and friends!

# NCLEX Knowledge Question Answers:

- 1. **A.** The nurse should suspect that the patient is hemorrhaging and will need fluid replacement therapy, which requires a large bore IV
- 2. **D.** A potassium imbalance for a patient with a history of dysrhythmia can be life threatening and can lead to cardiac distress
- 3. **C.** Many patients who have a known history of anaphylaxis carry epi-pens in their pockets or belongings. This is the best way to stop a hypersensitivity reaction before it becomes life threatening
- 4. **A.** Sublingual morphine is often used in hospice because the patients are unable to swallow, and intravenous access can be painful and not conducive to palliative care
- 5. **C.** Lactated Ringer's solution is often used in fluid replacement therapy, which is not warranted if a patient is at risk for high ICP