

NURSING NEWS



Western Area CTC LPN Newsletter

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We're happy to announce that all 5 of these ladies are joining us from the Greenery Center. The Greenery took initiative to help their employees promote themselves by paying for tuition and uniforms for all 5 students.



Welcome CNAs

On Tuesday, April 11, 2023, students attended orientation.

Faith Morelli, the Health Sciences Program Administrator, spoke about expectations (Bottom Left). Students also had the opportunity to tour the lab where most of their hands-on skills will be taught (Left). At the end of this 8 week course, all 5 student's will be employed by the Greenery as Certified Nurse Aides, and all 5 have expressed an interest in continuing their education as Practical Nurses!



Student Spotlight

Mrs. Morelli is teaching the 2nd year students Mental Health this term. To keep things interesting, she asked for a volunteer one day during class.

Payden Brown spoke up, not knowing that she was going to be asked to put on a straight-jacket!



NCLEX Knowledge Test

1. A nurse is receiving a hand-off report at the beginning of the shift for four client's. Which of the following client's should the nurse assess first?

- A. A client who has macular de-generation and does not want to take his medication
- B. A client who is taking insulin and has an HbA1c of 7%
- C. A client who has Graves' disease and has exophthalmos
- D. A client who is taking digoxin and is experiencing anorexia



2. A nurse is caring for a client who gave birth vaginally 8 hours ago. The client reports feeling weak and dizzy. The nurse notes that the client's perineal pad is soaked with blood. Which of the following actions should the nurse take first?

- A. Administer oxygen at 10 L/minute via face mask
- B. Insert an indwelling urinary catheter
- C. Massage the fundus of the uterus
- D. Administer oxytocin 20 units in 1000 mL of lactated ringers



3. A nurse is preparing to auscultate lung sounds of a client. Which of the following techniques should the nurse employ when auscultating the lungs? *Select all that apply*

- A. Have the client in semi-fowler's or side lying position
- B. Ask the client to breathe through the nose slightly deeper than usual
- C. Listen over each field for one complete respiratory cycle
- D. Progresses downward from lung apices to the bases
- E. Auscultate over all areas of the anterior and posterior thorax, moving side to side and working inferiorly to the lung bases



4. A nurse is reviewing laboratory data for four clients. Which of the following clients should the nurse assess first?

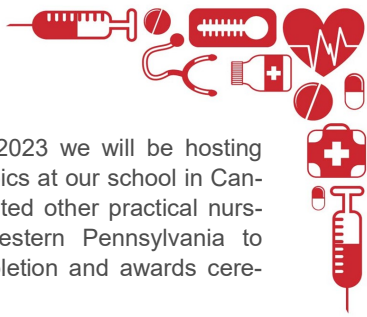
- A. A client who has atherosclerosis with a total cholesterol level of 250 mg/dL
- B. A client who has chronic kidney disease with a BUN of 80 mg/dL
- C. A client who is receiving warfarin with an INR of 4.0
- D. A client who is receiving furosemide and has a serum potassium of 3.8 mEq/L

5. After instructing a client on crutch walking technique, the nurse should evaluate the client's understanding by using which of the following methods?

- A. Return demonstration
- B. Ask the client to explain to the nurse how to use the crutches
- C. The client must achieve a 90% on a written exam regarding crutch walking
- D. Ask the client to explain crutch walking to family members



Clinical Olympics

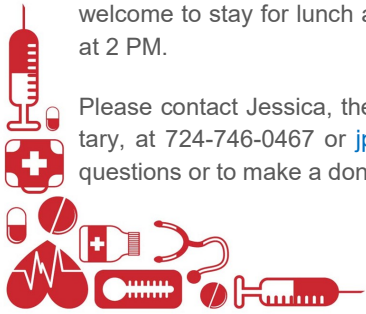


Last Call for Donations

We are still collecting donations for the silent auction baskets! Any gift certificate, service, merchandise, or monetary donation is welcome! All donations must be received by **Friday, May 5 before 11 AM!**

We are still seeking volunteer nurses from our affiliated clinical sites to be the unbiased judges. Judges will be needed from 10 AM until 12:30 PM, but are welcome to stay for lunch and the award ceremony at 2 PM.

Please contact Jessica, the Health Sciences Secretary, at 724-746-0467 or jpettigrew@wactc.net with questions or to make a donation!

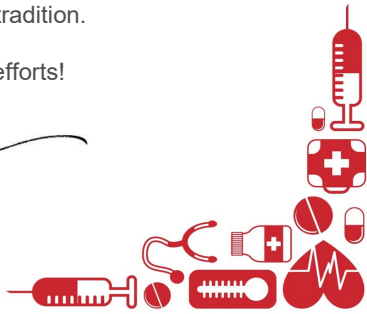


On Wednesday, May 10, 2023 we will be hosting the first ever Clinical Olympics at our school in Canonsburg, PA. We have invited other practical nursing schools from Southwestern Pennsylvania to participate in a skills completion and awards ceremony.

We will provide lunch and a silent auction with all proceeds to benefit our scholarship funds. Our goal in hosting this event is to promote our school, raise funds for our scholarships, and to see this event grow to become an annual tradition.

Please help to support our efforts!

thank you



Stop the Stigma!


You Are Cordially Invited to Attend

WHO: WACTC Staff and Students
Clinical Facility Staff
Staff from Sending Schools
Advisory Committee Member

WHAT: Mental Health Awareness Education Fair

WHERE: Western Area CTC
Multipurpose Room

WHEN: Tuesday, May 23, 2023
10:00 AM –1:00 PM



STUDENTS WILL TEACH ON THE FOLLOWING TOPICS:

- What is a crisis?
- Recognizing signs of depression
- Handling anger in self and others
- Handling violence in the workplace and/or school
- Avoiding the stigma associated with mental illness
- When stress is not normal
- Recognizing substance abuse in coworkers and/or peers
- Binge Eating Disorder

When: Tuesday, May 23, 2023
10:00 AM – 1:00 PM

Where: Western Area CTC
Multipurpose Room

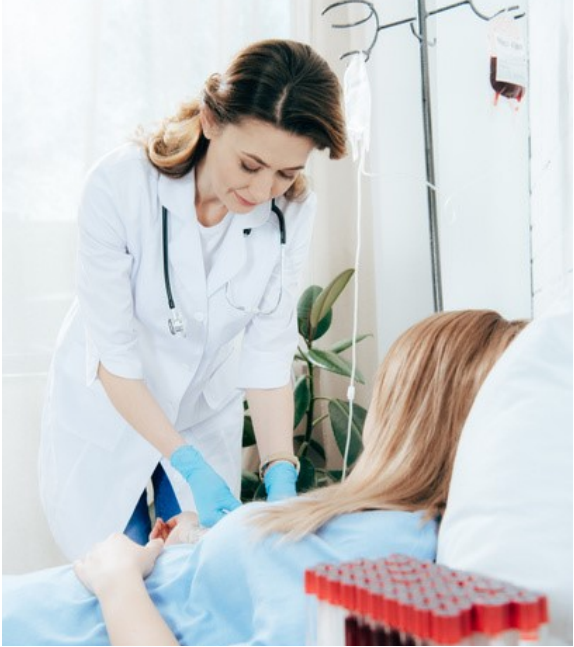
Address: 688 Western Avenue
Canonsburg, PA

Questions: Call Jessica @
724-746-0467

NCLEX Pass Rate

For the second quarterly period (01/01/2023-03/31/2023) Western Area CTC Practical Nursing Program is 5 for 5 which is a 100% pass rate for first time test takers!

IV Therapy Certification



We are excited to announce that the Pennsylvania State Board of Nursing has approved this IV Therapy Certification Course which is specifically designed for LPNs or PN Students who have successfully completed a medication administration course.

This is a 30 hours course (20 hours of Theory and 10 hours of Lab/Hands on training) which will be held 1 day a week for 6 weeks. The first class is scheduled to begin on Thursday, June 8.

Please contact Jessica, the program secretary with questions or if you would like to fill out an application for enrollment.

Phone: 724-746-0467

Email: jpettigrew@wactc.net

A Word from Mon Valley Hospital

Penn Highlands Mon Valley is part of Penn Highlands Healthcare, a progressive health system that is comprised of eight hospitals – Penn Highlands Brookville, Penn Highlands Clearfield, Penn Highlands Connellsville, Penn Highlands DuBois, Penn Highlands Elk, Penn Highlands Huntingdon, Penn Highlands Mon Valley and Penn Highlands Tyrone -- that have served area communities for the past 100+ years. Penn Highlands State College, a new, state-of-the-art, technically advanced hospital, is slated to open in 2024. The health system's business continuum also includes a home care agency, long-term care facilities and residential senior living communities, as well as durable medical equipment companies and retail pharmacies.



Penn Highlands Mon Valley is a 200-bed community

hospital that is committed to enhancing the health of the residents of the mid-Monongahela Valley area. The Hospital's dedication is continually reinforced with the addition of skilled specialists to the medical staff that consists of 225 physicians representing more than 40 specialties. Penn Highlands Mon Valley serves a diverse population that resides predominantly in a three-county area with the largest concentration of patients coming from Washington and Westmoreland counties. An acute-care hospital, Penn Highlands Mon Valley is staffed by 1,030 employees who provide inpatient and outpatient services ranging from cancer care and cardiology to orthopedics and behavioral health.

Penn Highlands Mon Valley continually earns honors and certifications for excellence in patient care and safety such as receiving the 2022 Women's Choice Award as a Best Hospital for Patient Safety; the 2022-2023 Advanced Primary Stroke Center Certification from The Joint Commission; and the 2022-2023 U.S. News & World Report Best Hospitals for Heart Failure and COPD distinctions. In terms of notable awards, people seeking new career opportunities should note that Penn Highlands Healthcare is ranked as a Top 100 Employer in Pennsylvania by Forbes! The health system has been awarded on the Forbes list of Best-in-State Employers 2022.

For more information, visit www.phhealthcare.org/careers.

"The character of the nurse is as important as the knowledge she possesses." –Carolyn Jarvis

We Are Hiring!

Full-Time Practical Nursing Instructor

- Must be graduate of approved school of professional nursing with current PA RN license
- Bachelor's Degree in nursing, Master's preferred
- Nursing experience involving direct patient care within two years of employment
- Mandated clearances and drug screening required

Send resume and request for application to:
Faith Morelli, MSN, RN
Western Area CTC, 688 Western Avenue
Canonsburg, PA 15317

Or telephone (724) 746-2890, Ext. 118

Applications accepted until suitable candidate is selected.



Monday, May 29, 2023



Contributions?

Share Your Thoughts

We welcome input from students, alumni, faculty and clinical institutions. Submissions can be made to the health sciences secretary, Jessica at jpettigrew@wactc.net or by calling 724-746-0467. Thank you in advance for your contributions.

NCLEX Knowledge Question Answers:

1. **D.** The nurse should recognize that anorexia is a possible indication of digoxin toxicity. Therefore, the nurse should assess this client first.
2. **C.** Manifestations of postpartum hemorrhage include saturation of the perineal pad, as well as dizziness and weakness. When providing client care, the nurse should first use the least-invasive intervention; therefore, the first action the nurse should take is to massage the client's fundus.
3. **C, D & E.** If the client is alert and healthy, begin auscultation with the client sitting upright and leaning slightly forward. Ask the client to breathe through an open mouth slightly deeper than usual. Progress downward from lung apices to the bases. Auscultate over all areas of the anterior and posterior thorax, moving side to side and working inferiorly to the lung bases. Listen over each field for one complete respiratory cycle
4. **C.** A client who is receiving warfarin and has an INR of 4.0 is at risk for hemorrhage. The nurse should assess this client first.
5. **A.** The best way to evaluate a client's understanding is to receive a return demonstration.