# Competency Task List – Secondary Component Health Professions and Related Clinical Sciences, Other CIP 51.9999 High School Graduation Years 2022, 2023, 2024

### **100 Orientation and Safety**

| Item | Task   | (X) Indicates<br>Proficiency <sup>1</sup> | Secondary Course<br>Crosswalk |
|------|--|---|-------------------------------|
| 101  | RESERVED   |   |                               |
| 102  | RESERVED   |   |                               |
| 103  | Identify course objectives.  |   |                               |
| 104  | Follow clinical skill area rules and regulations.  |   |                               |
| 105  | Follow professional dress code.  |   |                               |
| 106  | RESERVED   |   |                               |
| 107  | Differentiate between hospitals, long-term care agencies, and home health agencies as to their history, purpose, and their expectations of the health care professional. |   |                               |
| 108  | Follow clinical experience guidelines and procedures.  |   |                               |
| 109  | Follow OSHA standards and Centers for Disease Control (CDC) standard precautions.  |   |                               |
| 110  | Follow the Right to Know law and the importance of maintaining Safety Data Sheets (SDS) for all chemicals.   |   |                               |
| 111  | RESERVED   |   |                               |
| 112  | RESERVED   |   |                               |
| 113  | Identify and follow the chain of command in an organizational structure.   |   |                               |
| 114  | Follow safety and emergency procedures.  |   |                               |
| 115  | Report nonfunctioning equipment.   |   |                               |

## 200 Legal and Ethical Issues

| Item | Task   | (X) Indicates<br>Proficiency <sup>1</sup> | Secondary Course<br>Crosswalk |
|------|--|---|-------------------------------|
| 201  | Identify client's advanced directives.   |   |                               |
| 202  | Uphold confidentiality of records and information as required by HIPAA.              |   |                               |
| 203  | Promote the client's right to make personal choices to accommodate individual needs. |   |                               |
| 204  | Practice professional standards for health care professionals.                       |   |                               |
| 205  | Apply legal responsibilities of the health care professional.                        |   |                               |
| 206  | Discuss ethical dilemmas as related to the health care professional.                 |   |                               |

### **300 Communication**

| Item | Task  | (X) Indicates<br>Proficiency <sup>1</sup> | Secondary Course<br>Crosswalk |
|------|---|---|-------------------------------|
| 301  | Practice effective communication.   |   |                               |
| 302  | RESERVED  |   |                               |
| 303  | Document objective and subjective observations using appropriate terms.                                       |   |                               |
| 304  | RESERVED  |   |                               |
| 305  | Communicate in a professional manner, according to the client's stage of development and cultural background. |   |                               |
| 306  | RESERVED  |   |                               |
| 307  | Practice effective conflict management skills.  |   |                               |

### **400 Infection Control**

| Item | Task  | (X) Indicates<br>Proficiency <sup>1</sup> | Secondary Course<br>Crosswalk |
|------|---|---|-------------------------------|
| 401  | Identify diseases, their mode of transmission, and use of transmission-based precautions. |   |                               |
| 402  | Follow hand hygiene protocols.  |   |                               |

| 403 | Follow standard precautions and infection control in the health care facility.   |  |
|-----|--|--|
| 404 | Explain blood borne pathogens, sharps disposal, and biohazards.  |  |
| 405 | Follow correct isolation and safety techniques in care of infectious clients, including use of proper personal protective equipment (PPE). |  |
| 406 | RESERVED   |  |
| 407 | Perform basic cleaning and disinfecting of objects to prevent disease transmission.  |  |
| 408 | Explain how the immune system protects the body from infectious diseases.  |  |
| 409 | Don and doff non-sterile gloves.   |  |
| 410 | Sterilize contaminated objects.  |  |

### 500 Reserved

| Item | Task     | (X) Indicates<br>Proficiency <sup>1</sup> | Secondary Course<br>Crosswalk |
|------|----------|---|-------------------------------|
| 501  | RESERVED |   |                               |
| 502  | RESERVED |   |                               |
| 503  | RESERVED |   |                               |
| 504  | RESERVED |   |                               |
| 505  | RESERVED |   |                               |
| 506  | RESERVED |   |                               |
| 507  | RESERVED |   |                               |
| 508  | RESERVED |   |                               |

## **600 Emergency Care and Disaster Preparedness**

| Item | Task  | (X) Indicates<br>Proficiency <sup>1</sup> | Secondary Course<br>Crosswalk |
|------|---|---|-------------------------------|
| 601  | Perform cardiopulmonary resuscitation (CPR) and first aid.        |   |                               |
| 602  | RESERVED  |   |                               |
| 603  | Follow emergency response/crisis plan procedures in the facility. |   |                               |

|     | Identify potential fire hazards and safety procedures, including rescue, |  |
|-----|--|--|
| 604 | alarm, contain, and extinguish (RACE) and pull, aim, squeeze, and sweep  |  |
|     | (PASS).  |  |

### 700 Human Needs and Human Development

| Item | Task   | (X) Indicates<br>Proficiency <sup>1</sup> | Secondary Course<br>Crosswalk |
|------|--|---|-------------------------------|
| 701  | Discuss human growth and development through the lifespan.               |   |                               |
| 702  | Discuss cultural diversity.  |   |                               |
| 703  | Identify psychosocial changes in the client.                             |   |                               |
| 704  | Assist clients in expressing their personal faith and religious beliefs. |   |                               |
| 705  | Provide care for sensory deprived (blind or deaf) clients.               |   |                               |

## 800 Body Mechanics, Moving, Lifting, and Positioning

| Item | Task  | (X) Indicates<br>Proficiency <sup>1</sup> | Secondary Course<br>Crosswalk |
|------|---|---|-------------------------------|
| 801  | Assist the client with dangling, standing, and walking.   |   |                               |
| 802  | Transfer client from bed to chair and wheelchair and from stretcher to bed.                                       |   |                               |
| 803  | Turn and position a client both in bed and in a chair.  |   |                               |
| 804  | Discuss safety hazards, including slips, trips, and the risks of falls.   |   |                               |
| 805  | Practice transferring, positioning, and transporting of a client with special needs, including bariatric clients. |   |                               |
| 806  | RESERVED  |   |                               |
| 807  | Operate a mechanical lift in a laboratory setting.  |   |                               |
| 808  | Discuss use of restraints and alternative measures of restraints.   |   |                               |
| 809  | Utilize proper body mechanics.  |   |                               |
| 810  | Demonstrate proper use of a gait belt.  |   |                               |

#### 900 Personal Care Skills

| Item | Task  | (X) Indicates<br>Proficiency <sup>1</sup> | Secondary Course<br>Crosswalk |
|------|---|---|-------------------------------|
| 901  | Provide privacy when delivering personal care.  |   |                               |
| 902  | Assist the client to dress and undress.   |   |                               |
| 903  | Assist the client with bathing and personal grooming, including the principles of hand and foot care. |   |                               |
| 904  | Observe and report condition of the skin.   |   |                               |
| 905  | Administer oral hygiene for the conscious/unconscious client.   |   |                               |
| 906  | Identify and discuss treatment of decubitus ulcers (bed or pressure sores).                           |   |                               |

## **1000 Urinary Elimination/Bowel Elimination**

| Item | Task   | (X) Indicates<br>Proficiency <sup>1</sup> | Secondary Course<br>Crosswalk |
|------|--|---|-------------------------------|
| 1001 | Assist the client in toileting and bladder training. |   |                               |
| 1002 | Provide catheter care.                               |   |                               |
| 1003 | Provide perineal care.                               |   |                               |
| 1004 | Apply briefs.  |   |                               |
| 1005 | Provide standard bedpan and fracture pan assistance. |   |                               |
| 1006 | Document patients fecal and urinary output.          |   |                               |

# **1100 Nutrition and Hydration**

| Item | Task  | (X) Indicates<br>Proficiency <sup>1</sup> | Secondary Course<br>Crosswalk |
|------|---|---|-------------------------------|
| 1101 | List principles of nutrition.                   |   |                               |
| 1102 | Investigate therapeutic diets.                  |   |                               |
| 1103 | Assist a client with eating meals.              |   |                               |
| 1104 | Feed a neurological or sensory deprived client. |   |                               |
| 1105 | Measure and record intake and output.           |   |                               |

### 1200 Basic Clinical Skills

| Item | Task  | (X) Indicates<br>Proficiency <sup>1</sup> | Secondary Course<br>Crosswalk |
|------|---|---|-------------------------------|
| 1201 | RESERVED  |   |                               |
| 1202 | RESERVED  |   |                               |
| 1203 | Measure and record a client's oral, axillary, rectal, and electronic temperature. |   |                               |
| 1204 | Measure and record a client's radial and apical pulse.                            |   |                               |
| 1205 | Measure and record a client's respirations.                                       |   |                               |
| 1206 | Measure and record a client's blood pressure.                                     |   |                               |
| 1207 | Measure and record a client's pulse oximetry.                                     |   |                               |
| 1208 | Apply elastic stockings.  |   |                               |
| 1209 | Make an unoccupied bed.   |   |                               |
| 1210 | Make an occupied bed.   |   |                               |
| 1211 | Measure and record height and weight.   |   |                               |
| 1212 | Demonstrate proper handling of soiled linen.                                      |   |                               |
| 1213 | Provide for the client's safe, clean, and comfortable environment.                |   |                               |

### 1300 Mental Health and Mental Illness

| Item | Task  | (X) Indicates<br>Proficiency <sup>1</sup> | Secondary Course<br>Crosswalk |
|------|---|---|-------------------------------|
| 1301 | Discuss the various types of mental health disorders.                               |   |                               |
| 1302 | Use reality orientation techniques with the confused client.                        |   |                               |
| 1303 | Use communication skills and techniques with easily agitated or frightened clients. |   |                               |
| 1304 | Use skills/techniques with clients exhibiting repetitive behaviors.                 |   |                               |

### 1400 Rehabilitation and Restorative Care

| Item | Task   | (X) Indicates<br>Proficiency <sup>1</sup> | Secondary Course<br>Crosswalk |
|------|--|---|-------------------------------|
| 1401 | Assist the client with ambulatory and transfer devices, e.g., cane, quad cane, walker, crutches, wheelchair. |   |                               |
| 1402 | Perform range of motion exercises.   |   |                               |
| 1403 | Recognize various assistive devices when assisting the client.   |   |                               |

# 1500 Death and Dying

| Item | Task   | (X) Indicates<br>Proficiency <sup>1</sup> | Secondary Course<br>Crosswalk |
|------|--|---|-------------------------------|
| 1501 | Discuss personal feelings and attitude about death.  |   |                               |
| 1502 | Explain how culture and religion influence a person's attitude toward death and the bereavement process. |   |                               |
| 1503 | Discuss the goals of hospice care.   |   |                               |
| 1504 | Discuss the stages of dying.   |   |                               |
| 1505 | Report the common signs of a client's approaching death.   |   |                               |
| 1506 | Discuss the postmortem care of a client while maintaining the client's right to dignity and respect.     |   |                               |

## **1600 Medical Terminology**

| Item | Task   | (X) Indicates<br>Proficiency <sup>1</sup> | Secondary Course<br>Crosswalk |
|------|--|---|-------------------------------|
| 1601 | Differentiate roots, prefixes, and suffixes in medical terms.                |   |                               |
| 1602 | Define abbreviations used in medical documents.                              |   |                               |
| 1603 | Differentiate medical specialties.   |   |                               |
| 1604 | Use medical language.  |   |                               |
| 1605 | Use anatomical medical terms when discussing health and illness of the body. |   |                               |

### 1700 Allied Health Skills

| Item | Task   | (X) Indicates<br>Proficiency <sup>1</sup> | Secondary Course<br>Crosswalk |
|------|--|---|-------------------------------|
| 1701 | RESERVED   |   |                               |
| 1702 | Maintain client records.   |   |                               |
| 1703 | Complete manual filing skills and discuss use of electronic medical records (EMR).                                       |   |                               |
| 1704 | Position client for specific examinations as indicated by physician.   |   |                               |
| 1705 | Perform visual acuity test.  |   |                               |
| 1706 | Demonstrate methods of collection, special handling and labeling of specimens.   |   |                               |
| 1707 | Demonstrate the principles of an electrocardiogram (EKG).  |   |                               |
| 1708 | Demonstrate blood glucose measurement using a glucometer, proper strips, and manufacturer glucose controls or standards. |   |                               |
| 1709 | Identify the importance of maintaining the client record.  |   |                               |
| 1710 | Demonstrate the principles of admitting, discharging, and transferring a client.   |   |                               |

## 1800 Anatomy, Physiology, and Pathophysiology

| Item | Task  | (X) Indicates<br>Proficiency <sup>1</sup> | Secondary Course<br>Crosswalk |
|------|---|---|-------------------------------|
| 1801 | Identify the basic structure of the human body.                           |   |                               |
| 1802 | Label body planes, directions, and cavities.                              |   |                               |
| 1803 | Identify the organs and explain the function of the respiratory system.   |   |                               |
| 1804 | RESERVED  |   |                               |
| 1805 | Identify disease processes of the respiratory system.                     |   |                               |
| 1806 | Identify the organs and explain the function of the circulatory system.   |   |                               |
| 1807 | RESERVED  |   |                               |
| 1808 | Identify disease processes of the circulatory system.                     |   |                               |
| 1809 | Identify the organs and explain the function of the integumentary system. |   |                               |

| 1810 | RESERVED   |
|------|--|
| 1811 | Identify disease processes of the integumentary system.                  |
| 1812 | Identify the organs and explain the function of the muscular system.     |
| 1813 | RESERVED   |
| 1814 | Identify disease processes of the muscular system.                       |
| 1815 | Identify the organs and explain the function of the nervous system.      |
| 1816 | RESERVED   |
| 1817 | Identify disease processes of the nervous system.                        |
| 1818 | Identify the organs and explain the function of the digestive system.    |
| 1819 | RESERVED   |
| 1820 | Identify disease processes of the digestive system.                      |
| 1821 | Identify the organs and explain the function of the urinary system.      |
| 1822 | RESERVED   |
| 1823 | Identify disease processes of the urinary system.                        |
| 1824 | Identify the organs and explain the function of the reproductive system. |
| 1825 | RESERVED   |
| 1826 | Identify the disease processes of the reproductive system.               |
| 1827 | Identify the organs and explain the function of the lymphatic system.    |
| 1828 | RESERVED   |
| 1829 | Identify disease processes of the lymphatic system.                      |
| 1830 | Identify the organs and explain the function of the endocrine system.    |
| 1831 | RESERVED   |
| 1832 | Identify the disease processes of the endocrine system.                  |
| 1833 | Identify the organs and explain the function of the special senses.      |
| 1834 | Identify the disease processes of the special senses.                    |
| 1835 | Identify the organs and explain the function of the skeletal system.     |
| 1836 | Identify the disease processes of the skeletal system.                   |

#### 1900 Mathematics in Allied Health

| Item | Task   | (X) Indicates<br>Proficiency <sup>1</sup> | Secondary Course<br>Crosswalk |
|------|--|---|-------------------------------|
| 1901 | Use mathematics applications in healthcare.                                    |   |                               |
| 1902 | Identify systems of measurements used in a clinical setting.                   |   |                               |
| 1903 | Identify and convert between measurement systems, including the metric system. |   |                               |

## 2000 21st Century Interpersonal Skills

| Item | Task   | (X) Indicates<br>Proficiency <sup>1</sup> | Secondary Course<br>Crosswalk |
|------|--|---|-------------------------------|
| 2001 | Develop relationships with a range of stakeholders clients, co-workers, external counterparts) who may represent a wide variety of cultural diversities. |   |                               |
| 2002 | Practice active listening skills to obtain and clarify information.  |   |                               |
| 2003 | Exhibit ethical characteristics and behaviors.   |   |                               |
| 2004 | Differentiate between productive and questionable ethical practices.   |   |                               |
| 2005 | Describe and recognize discrimination and harassment/bullying behaviors.   |   |                               |
| 2006 | Describe and recognize positive leadership qualities.  |   |                               |
| 2007 | Display effective communication skills, including eye contact, handshake, professional attire, and positive professional body language.                  |   |                               |
| 2008 | Investigate stress management.   |   |                               |
| 2009 | Exhibit ethical behaviors in telehealth medicine.  |   |                               |

<sup>&</sup>lt;sup>1</sup> Student Demonstrated Entry-Level Industry Proficiency as Indicated by (X)

| Secondary CTE Instructor Signature | Date |
|------------------------------------|------|
|                                    |      |
| Student Signature                  | Date |