

NURSING NEWS



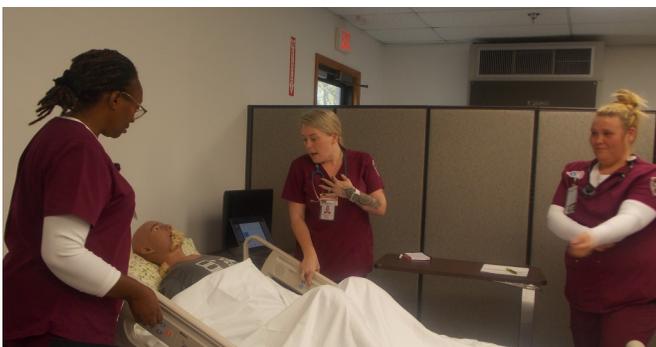
Western Area CTC LPN Newsletter

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Student Simulation Experience

At the end of October, second year students had the opportunity to experience another simulation laboratory, run by Program Administrator, Faith Morelli. In this scenario our interactive manikin, ALEX, comes to the emergency room and is very ill. Each of the students is assigned a role. Doricah Mogire (CNA), Katie Dunn and Brittini Petros (LPNs) begin the simulation by introducing themselves and assessing "Mr. Brown". (Below)



Annita Allotey (Charge Nurse) calls the "physician" to report the nurses' findings as Brittney Megysey and Shonia Hinton observe and take notes with their other class mates who were not assigned a role for this simulation. (Above)

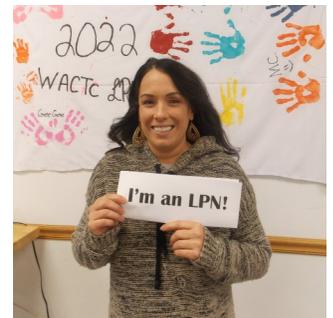
Even when the simulation doesn't go as planned, there is always something to learn from the experience!

Congrats JoVo!

Joanna Vozel, class of 2022 valedictorian, took her NCLEX last week and passed on the first attempt! Joanna was kind enough to share some advice for those who still need

to test. Number 1 DON'T WAIT!! Sit the exam as soon as possible. Take the questions at face value, don't read into them. Most of the questions were teaching, safety, and reinforcement until the end when they were select all that apply.

And, don't panic, you CAN do this!



NCLEX Knowledge Test

1. The Patient Self Determination Act of the United States protects clients in terms of their rights to what? *Select all that apply.*

- A. Privacy and to have their medical information confidential unless the client formally approves the sharing of this information with others such as family members.
- B. Make healthcare decisions and to have these decisions protected and communicated to others when they are no longer competent to do so.
- C. Be fully informed about all treatments in term of their benefits, risks and alternatives to them so the client can make a knowledgeable and informed decision about whether or not to agree to having it
- D. Make decisions about who their health care provider is without any coercion or undue influence of others including healthcare providers.
- E. Ensure a POLST is contained within the electronic health record

2. The nurse gathers data for a pediatric client who is experiencing a developmental delay. Which question does the nurse ask to determine if the delay is due to biological factors?

- A. "Did your child experience a lack of oxygen during the birth process?"
- B. "Was your child exposed to any chemicals, such as lead?"
- C. "Does your child eat a balanced diet?"
- D. "Has your child experienced abuse?"



3. What is an appropriate response for the nurse to make when a family member asks what a ombudsman does for patients in a skilled nursing facility?

- A. "If your mother has a financial concern, the ombudsman is notified."
- B. "An ombudsman is a volunteer advocate."
- C. "Your mother's care will be managed by an ombudsman."
- D. "If you have concerns about your mother's care, an ombudsman will look into the problem."

4. A patient uses the Lawton Independent Activities of Daily Living (IADL) scale for self-assessment of the daily activities. Which parameters are included in the scale? *Select all that apply.*

- A. Ability to prepare meals
- B. Ability to perform laundry
- C. Ability to manage finances
- D. Ability to go outside safely
- E. Ability to read material presented

5. A nurse is helping a 65 year old male to the bathroom. She assists him to the side of the bed and ambulates him with use of his cane on his good side and the nurse stands on the client's weak side as he ambulates. She says, "Honey, when you are finished please use the call bell to call for assistance." Which action by the nurse was not proper practice and may even belittle the patient?

A Word from Friendship Village

Located on 73 beautiful acres in Upper St Clair, PA



at Friendship Village of South Hills, we believe the best approach to person centered care celebrates the lives and rich histories of each individual. Our Health & Wellness Center, offers a full continuum of care including assisted living, memory care, skilled nursing and short-term rehabilitation.

At Friendship Village our culture is built on the foundation of our Values, where we support, encourage, and empower team members across the community to thrive while serving to delight our residents. Let your career start here. We offer tuition assistance and award Foundation scholarships.

Come work with us!

Contact:
Lynn Lunardini, Recruiter
724-941-8179

SIM Student Feedback

Katie Dunn, a second year student, answered some questions about her experience with our new simulation labs.

1) Is SIM a new experience for you? If yes, what are some of the positive things you're getting out of it?

Yes, I think that by doing the sims we have real life scenarios that make us think outside of the box, and makes us come out of our comfort zone.

2) Do you feel like SIM is a good learning experience for you? Please explain why, yes or no.

Absolutely, I am a hands on learner and the sims definitely have taught me what to do and things to look for in certain situations.

3) Now that SIM is part of the curriculum here, do you think it would be a positive learning experience for potential new students?

I think that sims should be a part of all labs especially before students are out in a clinical setting because some students have never worked in healthcare, so this would let them feel more confident when going into a facility for the first time caring for a patient.

“As nurses we have the opportunity to heal the mind, soul, heart and body of our patients. They may forget your name but they will never forget how you made them feel.” ~ Maya Angelou



The faculty and staff wish you all a very Merry Christmas and Happy New Year. Enjoy time with your family and friends during the break.

Break December 22, 2022 through January 1, 2023

New LPN Sign



Nelson Pettigrew, Jr, the son of our new secretary Jessica Pettigrew, is a junior in the carpentry program at WACTC. He has been trained to run the CNC lathe in the machine shop, and was kind enough to create and donate the sign that was recently hung in the lobby of our building. Nelson plans to go to business school after graduation and eventually assist in the running of the family's home remodeling business. Thank you Nelson!

Contributions?

Share Your Thoughts



We welcome input from students, alumni, faculty and clinical institutions. Submissions can be made to the health sciences secretary, Jessica at jp Pettigrew@wactc.net or by calling 724-746-0467. Thank you in advance for your contributions.

NCLEX Knowledge Question Answers:

1. **B D** The Patient Self Determination Act, which was passed by the US Congress in 1990, gives Americans the right to make healthcare decisions and to have these decisions protected and communicated to others when they are no longer competent to do so. These decisions can also include rejections for future care and treatment and these decisions are reflect in advance directives. This Act also supports the rights of the client to be free of any coercion or any undue influence of others including healthcare providers.
2. **A**. A lack of oxygen during the birth process is an example of a biological and heredity factor that can influence growth and development.
3. **D**. OBRA (Omnibus Budget Reconciliation Act) states each resident in a long-term care facility is to be at their highest practicable level of physical, mental, psychosocial well-being and must emphasize resident's rights
4. **A B C** prepare meals, perform laundry & manage finances
5. Calling the client by **Honey**, using trite terms