

# NURSING NEWS



Western Area CTC LPN Newsletter

## Scholarship Opportunity

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We want to thank the graduating Class of 2020, and in particular, Karey Yuhas, the class president for contacting us about this cohort's desire to start a scholarship fund in honor of Mrs. Judith Bonaparte "Mrs. B", who retired from Western Area in 2020.

Criteria to earn this scholarship, as well as the award amount are currently under negotiations, but the founding class has specified that they would like to choose the recipient by having them write an essay: "What Being a Nurse Means to Me". This is an assignment that Mrs. B had her students complete on the first day of class, every year.



Judy Bonaparte (1958-2022)

Mrs. Morelli, Program Administrator, was so thrilled to hear about this opportunity, that she has decided to match the funds donated by the class of 2020. In this way, the scholarship will be continued from year to year, instead of being a one-time award.

We will share application details as they become available.

Image used with gratuitous permission from the Bonaparte Family

## NCLEX Knowledge Test



1. The nurse is assigned five patients on a medical-surgical unit. Which patient is at most risk for pressure ulcers?

- A. 90-year-old male with +1 lower extremity edema that gets out of bed to the chair once a day.
- B. An ambulatory 88-year-old with dementia who has a poor diet.
- C. A 72-year-old female weighing 82 lbs with stress incontinence and dementia.
- D. A 79-year-old male with diarrhea and a poor appetite.

3. The nurse is reading the physician's progress note for a client who has a pressure ulcer. Based on the note in the chart below, what stage of pressure ulcer does this client have?

9/02/2016 0800	<u>Client admitted to the medical surgical unit from a long-term care facility with a pressure ulcer on coccyx approximately 2 cm X 1 cm X 0.5 cm. No drainage noted. Base has deep pink granulation tissue without visible subcutaneous tissue. Skin surrounding ulcer is pink, with intact well-defined edges Client states the wound is painful.</u>
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2. The nurse is caring for a patient with heart failure who takes digoxin (Lanoxin). Which finding would require immediate attention by the nurse?

- A. Potassium level of 3.7 mEq/L
- B. Digoxin level of 0.7 ng/mL
- C. Vomiting and diarrhea
- D. Heart rate of 68 beats per minute

4. The nurse is teaching the family of a diabetic patient about the use of glucagon. The family would be instructed that the purpose of this drug is the treatment of which of the following?

- A. A blood glucose of 200 or greater
- B. Acidosis
- C. A blood glucose level under 70
- D. Glycosuria

5. The nurse is reading a chart of a newly admitted client. The nurse notices the diagnosis of hypersecretion of the posterior pituitary gland. The nurse understands that which disorder is present when the client exhibits hypersecretion of the posterior pituitary gland?

- A. Hyperthyroidism
- B. Diabetes mellitus
- C. Diabetes insipidus
- D. Syndrome of inappropriate antidiuretic hormone (SIADH)



# October is Breast Cancer Awareness Month

<https://www.nationalbreastcancer.org/>



**NATIONAL  
BREAST  
CANCER  
FOUNDATION, INC.®**

National Breast Cancer Foundation was founded in 1991 by breast cancer survivor, Janelle Hail. She was diagnosed with breast cancer in 1980 at the age of 34. At the time of her diagnosis, there was little information about the disease, and she was forced to make a decision about her health with few options.

After her treatment, Janelle made a commitment to help women around the world by educating them about breast cancer and the importance of early detection.

Monthly breast self-exams, annual doctor's exam, and a mammogram: these three things are your best bet for catching breast cancer in its earliest stages. Trust your judgment when it comes to your body. Don't ever feel like you are overreacting if you "think" you feel something in your breast. If it doesn't feel right, have it checked out. The worst (or best) thing that can happen is that you get checked and it turns out to be nothing.

## LPN Fun Fact:

<https://www.practicalnursing.org/lpn-programs/pennsylvania>

Pennsylvania is building up its medical community by supporting professional nursing through improved knowledge and skills, while also helping policy makers assess the impact of their decisions on healthcare workers and patients. Licensed practical nurse (LPN) jobs are on the rise, with an estimated 9% increase predicted through 2029, according to the Bureau of Labor Statistics. Individuals seeking to meet this nursing demand can become LPNs in the state by enrolling in one of the many practical nursing programs. LPNs in Pennsylvania earn approximately \$23.14 per hour, which equates to an average annual salary of \$48,120. This is roughly \$1,070 per year more than the national average.

## Test Your Knowledge:

Drug Edition

### Zonisade (zonisamide) Oral Suspension

Company: [Azurity Pharmaceuticals, Inc.](#)

Date of Approval: July 15, 2022

Treatment for: Seizures

Zonisade (zonisamide) is an oral suspension formulation of the approved anticonvulsant zonisamide indicated as adjunctive therapy for the treatment of partial-onset seizures in adults and pediatric patients 16 years of age and older.

**“Success is not final, failure is not fatal: it is the courage to continue that counts.” ~ W. Churchill**

## Contributions?

Share Your Thoughts

If you have any content suggestions or would like to share your nursing story, if you want to contribute an article or photos relevant to the program, please feel free to email Jessica at [jpettigrew@wactc.net](mailto:jpettigrew@wactc.net) or give her a call at 724-746-0467!



## Exam Prep

Please know, that even after graduation, our instructors are here for you. If you haven't yet taking your boards, please contact the school, and our staff will help you prepare for your exam in any way that they can!

## NCLEX Knowledge Question Answers:

1. **C.** This patient has the most risk factors due to small stature; may have less SQ fat and therefore at risk for break down
2. **C.** Some early warning signs of overdose are confusion, loss of appetite, nausea, vomiting, diarrhea, or vision problems. Other signs of overdose are changes in the rate or rhythm of the heartbeat (becoming irregular or slow), palpitations (feeling of pounding in the chest), or fainting.
3. **Stage I.** A stage II pressure ulcer has visible skin breaks and possible discoloration. Penetrating to the subcutaneous fat layer, the sore is painful and visibly swollen. The ulcer may be characterized as an abrasion, blister, or shallow crater. In a stage I pressure ulcer, the skin is red and intact and does not blanch with external pressure; it feels warm and firm. In suspected deep tissue injury, the skin is purple or maroon but intact; a blood-filled blister may be present. In an unstageable pressure ulcer, the ulcer destroys tissue from the skin to possibly the bone; the base of the ulcer is covered by slough, eschar, or both.
4. **C.** Glucagon is used to treat hypoglycemia
5. **D.** (SIADH) is a condition in which the body makes too much antidiuretic hormone