

# Nursing News

Western Area CTC LPN Newsletter



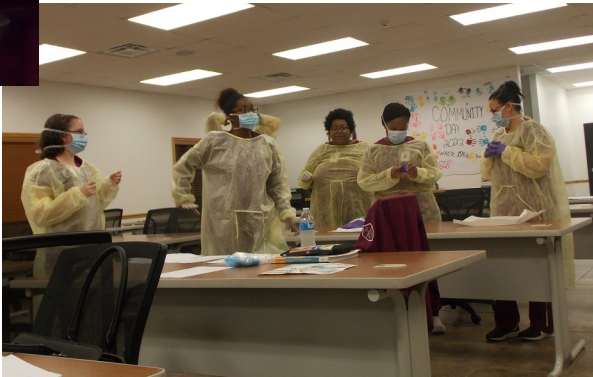
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## Simulation Experience



Early in October, our students had the opportunity to experience some of the first simulation laboratories of the year. Ms. Morelli, the new Program Administrator, believes that SIM and lab experiences are the best way for student nurses to build confidence before attending clinical experiences that deal with actual patients. Second year students, Annita Allotey and



Alana Morris examine the arm of their classmate Katie Dunn while learning IV insertion (above). The first year students are learning to use PPE (personal protective equipment). There is a special technique when donning and doffing PPE, which is why practice is so important. Pictured from left to right are Hadassah Smith, Ledaya Oakley, Quadysha Oakley, DeShyia Wallace and Jordan White (right).



“Nursing is an art: and if it is to be made an art, it requires an exclusive devotion as hard a preparation, as any painter’s or sculptor’s work; for what is the having to do with dead canvas or dead marble, compared with having to do with the living body...”

~ Florence Nightingale

## NCLEX Knowledge Test



1. If a patient decides not to follow doctor’s orders and abruptly stops taking their steroid prescription as prescribed opposed to weaning themselves off the medication or tapering the dosage, that individual may develop which complication of abruptly stopping steroids?
- A. Addison’s Crisis
  - B. Cushing’s Syndrome
  - C. Autoimmune disorder such as lupus like symptoms or other antibody attacking self reaction
  - D. Hyperglycemia that may lead to hospitalization for an insulin drip.

3. The nurse observes an infant picking up items and immediately placing the items in the mouth. When documenting this observation, the nurse identifies that the infant is encouraging cognitive development through which concept?
- A. Egocentric experiences
  - B. Sensorimotor experiences
  - C. Formal operational thinking
  - D. Concrete operational thought

4. Before planning antiembolism stockings on a client for the first time, a nurse should do which of the following?
- A. Obtain baseline vital signs
  - B. Have the client lie supine for 15 minutes
  - C. Ask the client to sit at the side of the bed
  - D. Instruct the client to apply lotion to his

2. The nurse is evaluating a toddler who is 2 years and 9 months for developmental delays. For each finding, place an “X” in the column to specify if it is age appropriate or shows a delay.

Findings	Age Appropriate	Shows Delay
1. 20 deciduous teeth		
2. Places most objects in mouth		
3. Gain of 5 lbs in the last 12 months		
4. Play includes cooking & vacuuming		
5. Gain of 1.5 inches in the last 12 months		
6. Daytime potty trained only		

5. The nurse is providing preoperative teaching to a client and the client’s family. Which statements made by the nurse are accurate regarding preoperative teaching? *Select all that apply.*
- A. If you all know what to expect, you’ll be able to support optimal healing
  - B. Having a thorough understanding of the procedure is conducive to the shortest recovery period.
  - C. This will help eliminate postoperative complications.
  - D. My goal is to help you feel more comfortable and calm any anxiety you might have.
  - E. I’ll go over just a few details, since you probably already know the basics of this procedure.



# A Word from The Greenery Center

Located in Canonsburg, PA, Greenery Center for Rehab and Nursing offers short-term rehabilitation, long-term nursing care, palliative care, and respite stays in a warm and welcoming environment.

At The Greenery, we pride ourselves on our love for our residents and the superior care we provide. We are always looking to add to our team of skilled and compassionate health care workers. Currently we are hiring for RNs, LPNs and CNAs, and Dietary. With opportunity for career advancement and growth for everyone, we hope you find your home in The Greenery!

For more information contact:  
Desja Allgeier  
Human Resources Director  
724-754-9503



Private Resident/Family Courtyard



## Scholarship Opportunity

### WACTC Health Assistant to Practical Nurse

As a part of our nursing program, the graduating class must work together to complete a community project. Our most recent graduating class (2022) decided to hold a family fun community day (July 2022) with all proceeds to benefit a Western Area Career & Technology high school health assistant graduate.

We are happy to announce that the application process is now in place for health assistant students to pursue.

Please contact the school for an application, or with any questions.

## Fundraising

### Nursing Tee Shirt Sales

Support our students by participating in our fundraising efforts! All tee-shirt and Sarris candy proceeds will be added to our existing scholarship account.

See attached order form!



Sarris Candy bars and pretzel rods –Just \$2 each!

Thank you for your support!

“Nurses dispense comfort, compassion, and caring without even a prescription.” ~ Val Saintsbury



## Contributions?

### Share Your Thoughts

We welcome input from students, alumni, faculty and clinical institutions. Submissions can be made to the health sciences secretary, Jessica at [jpettigrew@wactc.net](mailto:jpettigrew@wactc.net) or by calling 724-746-0467. Thank you in advance for your contributions.

## Exam Prep



Please know, that even after graduation, our instructors are here for you. If you haven't yet taking your boards, please contact the school, and our staff will help you prepare for

your exam in any way that they can!

## NCLEX Knowledge Question Answers:

1. **A.** Adrenals cannot produce enough steroid hormone quick enough and an Addisonian Crisis develops.
2. **1, 3, 4, 6-Age Appropriate 2 & 5–** Show Delay
3. **B.** Cognitive development in the infant occurs through sensorimotor experiences. For learning to occur, the infant must be allowed to have both sensory experiences , such as touching, tasting, seeing, and hearing, and motor experiences, such as moving, rolling, crawling, cruising, and walking. Putting items in one's mouth is an example of a sensory experience.
4. **B.** The client should lie supine for a minimum of 15 minutes before the application of the hose.
5. **A, B, D** Preoperative teaching provides a client and family with information, skills, and instructions that will support optimal healing, be conducive to the shortest recovery period, and serve to prevent or reduce postoperative complications. Preoperative teaching also may help reduce any anxiety about the procedure.

# T-SHIRT ORDER

ALL shirts are White and Cotton Blend

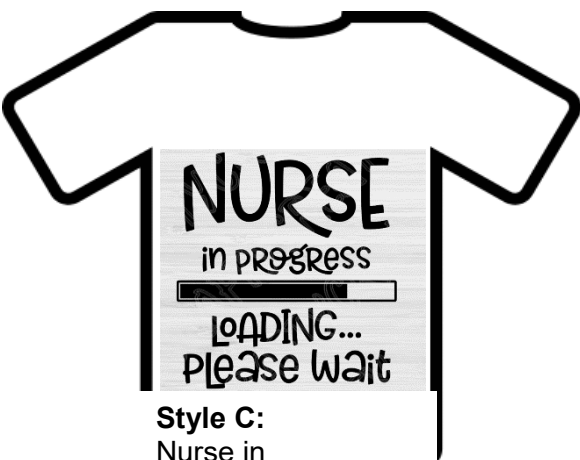
\$15 each, \$20 for 2X or 3X



**Style A: NO PINK**  
Eat, Sleep,  
Clinicals...



**Style B:**  
No Sleep  
No Money...



**Style C:**  
Nurse in  
Progress...



**Style D:**  
Not tonight honey...

size	S	M	L	XL	2X	3X
#						
Name:						
Email:						
Phone:						
Style:						
Total:						