

Talent Enrichment Courses



*This is a collection of unique short term courses
designed to bring out the talent in all of us.*

WACTC
Western Area Career & Technology Center



To Our Future Students,

The ability to better one's self is never a bad idea. It's how we grow. In some cases it's a physical skill or talent. In other cases it's simply a personal enrichment. In any case, knowledge is a gift that once given can never be taken away.

Western Area Career & Technology Center believes that education is the key to success. We have developed a series of short term programs with the sole purpose of personal enrichment. There is no degree awarded at the end, no fancy certificate, just the personal satisfaction of learning something new and having a good time doing it.

Please review the offerings. If one of the courses seems of interest, feel free to call or write and your questions will be answered. If a class really strikes a chord and you want to enroll, again, contact us and your name will be recorded on a list for that particular offering.

There is no set start date for any of the programs. When six (6) or more participants have signed on, the class will begin. Groups are encouraged to join, as it will open the class up much quicker.

Respectfully,

A handwritten signature in black ink that reads "D McCarthy". The signature is stylized, with a large, looped "D" and the name "McCarthy" written in a cursive-like script.

Dr. Dennis J. McCarthy
Executive Director
Western Area Career & Technology Center

Revised 10-3-2018

30 Minute Meals

Tuesday / Thursday 5:30 – 9:30

3 weeks

Minimum 6 per Class



In today's helter-skelter, faced paced world, one of the most difficult tasks to accomplish is eating right. Families, young couples and singles alike always seem to be too busy to have a good meal. This program offers an array of quick, nutritional and good tasting dinner ideas on a family budget. A special focus on crock pot cooking is a real bonus!

Crock Pot Specialties

Stews

Soups

Make Ahead Meals

So, if the burger joint still isn't getting your order right and the pizza delivery boy still can't find your house, then this may be the class for you.

(Comfortable clothing with an apron or smock is suggested)

Interested parties should contact Mr. Dull at the Western Area Career & Technology Center,

www.wactc.net/tec

Cost \$ 50.00

Arts & Crafts

Scrapbooking



Tuesday / Thursday 6:00 – 9:00

3 Weeks

Minimum 6 per class

The elephant may never forget, but for us humans, memories fade. Learn how to preserve those special mementoes and photographs like the professionals do. This class introduces the novice into scrapbooking and the clever skills of crafting. In addition to teaching you how to set-up, arrange and maintain your precious memories in a keepsake scrapbook, this program may lead you through other projects with:

- Ceramics and glass crafts.

- Fiber and textile crafts.

- Flower crafts.

- Leatherwork.

- Mixed Media.

- Paper crafts.

- Wood and furniture crafts.

You do not need any experience. We welcome the rookie! If you are looking for new techniques or craft ideas, this is the place!

Interested parties should contact Mr. Dull at the Western Area Career & Technology Center,

www.wactc.net/tec

Cost \$ 50.00

Auto Body Repair

Tuesday / Thursday 5:30 – 9:30

5 weeks (Basic)

Minimum 6 per Class



To call this a “crash course” is too obvious a pun, but this one-of-a-kind course permits you to work on your OWN vehicle while learning the Tricks-of-the-Trade. The program is instructor lead, but participant driven, as you do the work on your own vehicle! The instructor will describe and demonstrate techniques such as:

- Professional Detailing Tricks
- Tool Selection
- Refurbish or Replace
- Working with Filler
- Dent Repair
- Working with Glass

The cost, today, of even small repairs is through the roof and simply detailing a car can run as much as \$ 150.00. Why not put that money in your pocket, rather than someone else's?

Safety Glasses and gloves will be supplied. All the tools needed for the projects will be provided by the Western Area Career & Technology Center.

(Steel toed shoes are highly recommended. NO open toe shoes or sandals are permitted. Appropriate attire should include suitable work pants and shirt.)

Interested parties should contact Mr. Dull at the Western Area Career & Technology Center,

www.wactc.net/tec

Cost \$ 85.00

Auto Mechanics



Tuesday / Thursday 5:30 – 9:30

6 weeks

Minimum 6 per Class

This unique course will enable the individual to understand & facilitate maintenance & repairs to their OWN automobiles. Students will receive theory & hand-on experience related to:

- brake systems
- suspensions
- general maintenance
- troubleshooting

Just think, no more expensive repair bills for general upkeep and you can toss those oil change coupons good bye.

Safety Glasses and gloves will be supplied. All the tools and supplies needed for the projects will be provided by the Western Area Career & Technology Center.

(Steel toed shoes are highly recommended. NO open toe shoes or sandals are permitted. Appropriate attire should include suitable work pants and shirt.)

Interested parties should contact Mr. Dull at the Western Area Career & Technology Center,

www.wactc.net/tec

Cost \$ 85.00

Baby Bundles

Tuesday / Thursday 6:00 – 8:00

5 weeks

Minimum 6 per Class



Whether the stork has made his delivery or the bun is still in the oven, we can all use a little help. This program will offer tips and tricks to pre and post-natal women and couples as they cope with being pregnant or as they begin that wonderful, terrifying journey called parenting. Help is everywhere and nowhere. Everyone one has an opinion or an old family remedy for whooping cough, or maybe it was diaper rash either way it's made with zucchini peels. So it has to be good!

Our program is led by qualified medical personnel. They deal with the anxiety that comes with your pregnancy and/or a newborn baby. Is it too much? Is it too little? Was that a contraction? What if he cries? I don't think he likes me! What do I need to have ready for the hospital? Is that a rash? We have heard it all before. We're used to it. You'll be among friends who have the same fears and questions as you. AND an instructor trained to help moms and couples like yourself get through all of it successfully. So if all of the pictures have been taken and all the cheeks have been pinched, then join us. Our only prerequisite is a baby, here or on the way.

Interested parties should contact Mr. Dull at the Western Area Career & Technology Center,

www.wactc.net/tec

Cost \$ 45.00

Ballroom Dancing



Tuesday / Thursday 6:30 – 9:30

5 weeks

Minimum 6 per Class

Have you always dreamed of gracefully gliding across the dance floor with all eyes watching in awe. Or, maybe you and your partner are simply looking for something that you can do together. Ballroom dancing is both! Ballroom dancing is a low impact, fun exercise that doesn't seem like exercise. You do not need to have any experience and all those with two left feet are more than welcomed. Mastering just a few of the dance step combinations can make you an accomplished dancer. Couples are ideal, but if you're a single just let us know so we can arrange a partner.

Comfortable, business casual clothing is suggested and smooth leather soled shoes are required (Sorry, no tennis shoes or sandals).

Who knows, maybe Dancing With the Stars is next!

Interested parties should contact Mr. Dull at the Western Area Career & Technology Center,

www.wactc.net/tec

Cost \$ 95.00

Budgeting

Tuesday / Thursday 6:00 – 9:00

3 weeks

Minimum 6 per Class



Are your finances completely out hand. You know the money should be there, but the bank is telling you otherwise. It can be a scary and frustrating situation, however, it is one that is completely avoidable.

Most of us were never taught, unless your parents sat you down and forced you to listen, how to set a budget, balance a checkbook or avoid the pitfalls of credit cards. This program will do all that, plus prepare you for your yearly taxes!

- Setting up your checking account
- Creating a budget you can live by
- Managing your credit cards
- Tax preparation

Financial problems can cause personal stress, family discord and in a worst case scenario, legal problems. Don't let this happen to you. Arm yourself the basic knowledge of personal finance.

(Fingers and toes are great, but a basic calculator is strongly recommended for class!)

Interested parties should contact Mr. Dull at the Western Area Career & Technology Center,

www.wactc.net/tec

Cost \$ 50.00

Cake Decorating

Tuesday 5:30 – 8:30

6 weeks

Minimum 6 per Class



It doesn't matter Birthday Party, Baby Shower or Wedding the one thing everyone remembers is the cake. How delicious would it be if it were your creation everyone was in awe of! This course takes the novice baker and takes them to the next level. In just a few short weeks you will have the talent and techniques to produce beautiful specialty cakes. Lead by our talented instructor the class will cover topics such as:

- Fondant / Icing Coloring

- Buttercream Icing

- How to Prepare a Decorating Bag

- How to Hold the Piping Bag

- Piping Bag Pressure Control

- How to Pipe a Rosette... a C Motion... a Shell... a Zig Zag ...and More

- Spatula Icing Techniques

All the tools and supplies needed for the projects will be provided by the Western Area Career & Technology Center.

(No safety equipment needed for this course, but we do recommend casual "older" clothing or a protective smock or apron.)

Interested parties should contact Mr. Dull at the Western Area Career & Technology Center,

www.wactc.net/tec

Cost \$ 110.00

Carpentry

Tuesday / Thursday 5:30 – 8:30

5 weeks

Minimum 6 per Class

If it has to do with your home, it probably starts with carpentry. This program is designed, specifically, with the home owner in mind. It will take you through some of the most common tasks the do-it-yourselfer will face as a home owner. Because of the number of power tools used in the class, safety is our number one priority, but it also includes:



- Fitting Locks and Latches

- Studwork

- Walls / Ramps

- Soffit & Fascia

- Hanging a Door / Window

- Hanging Drywall

- Shingles

This program also a great starter course for the entrepreneur who wants to get into “flipping houses”.

Safety Glasses and gloves will be supplied. All the tools and supplies needed for the projects will be provided by the Western Area Career & Technology Center.

(Steel toed shoes are highly recommended. NO open toe shoes or sandals are permitted. Appropriate attire should include suitable work pants and shirt.)

Interested parties should contact Mr. Dull at the Western Area Career & Technology Center,

www.wactc.net/tec

Cost \$ 110.00

Computer Basics

Tuesday / Thursday 6:00 - 8:30

4 weeks

Minimum 6 per Class



WACTC Computer Classes are designed to give you the skills you need at a price you can afford. The class introduces novices, young and old alike, to the basics of:

- Microsoft Word
- Excel
- Keyboard Navigation
- Social Media
- E-mail

You will finally be able to prepare Word documents, create Excel spreadsheets like a professional and join in, in the fascinating world of social media.

If you are a business owner, does your company have employees who could benefit from additional computer training? Let us know what issues you are having and take advantage of our educational experience to help you. Solutions can range from enrolling your employees in courses at WACTC to creating customized classes at your site.

Don't be left behind in today's world.

Interested parties should contact Mr. Dull at the Western Area Career & Technology Center,

www.wactc.net/tec

Cost \$ 85.00

Eating Healthy

Tuesday / Thursday 6:00 – 8:00

5 weeks

Minimum 6 per Class



Quick turn the page!

Nobody likes to eat healthy.

Well, maybe you just don't know how to do it right!

In a combined effort between our health professionals and our talented culinary experts we are offering the opportunity to cook healthy and tasty at the same time. No longer does it mean that one must be sacrificed for the other. This program will explain how nutrition, what we eat and how we eat, affects our daily lives. Cooking techniques, food choices and cooking styles all play pivotal roles in creating a delicious and nutritious menu.

Mediterranean Foods

Sugar

Healthy Snacks

Water's Role in Healthy Eating

Eating at the Dinner Table

(No safety equipment needed for this course, but we do recommend casual "older" clothing or a protective smock or apron.)

Interested parties should contact Mr. Dull at the Western Area Career & Technology Center,

www.wactc.net/tec

Cost \$ 50.00

Elderly Care

Tuesday 6:00 – 8:00

5 weeks

Minimum 6 per Class



It's an inevitable fact of life. We all are getting older. With age, come new and sometimes confusing challenges. Our loved ones, who have cared for us for a lifetime, now need our help. It's stressful.

We believe that education can help alleviate some of that stress. Our medical professionals will explain and perhaps diffuse some of the more common situations that often lead to confrontation and hurt feelings. This program is not intended to diagnose or prescribe anything. Its intent is to build an understanding, in order to care for the ones we love with respect.

The program will address situations such as:

- Personal Hygiene
- Senility
- Hearing Loss
- Physical Limitations
- Medical Side Effects

It is a tough time for everyone. We hope that this program will shed some light on some tough situations and provide everyone with a little comfort.

Interested parties should contact Mr. Dull at the Western Area Career & Technology Center,

www.wactc.net/tec

Cost \$ 50.00

First Aid

CPR

Tuesday 6:00 – 8:00

2 Weeks

Minimum 6 per class

This may be the most important class we are offering. About 900 Americans die every day because of sudden cardiac arrest. Nearly 383,000 of such episodes occur outside hospitals each year, 88 percent of them at home. Thus, the life you save with CPR may well be a relative's.

The class will also address other medical issues that occur in the home, how to prevent them and what to do in the event of the emergency.

Some of the issues discussed will be:

- Heart Attacks

- Strokes

- Burns

- Insects

- Animals

- Drowning

Be prepared. The difference could be the life of a loved one, yours or someone else's.

Interested parties should contact Mr. Dull at the Western Area Career & Technology Center,

www.wactc.net/tec

Cost \$ 60.00



Flower Arranging

Tuesday / Thursday 5:30 – 7:30

3 weeks

Minimum 6 per Class



If you don't know the difference between a petal and a pedal, or a vase and a vice, but you think you have the talent to make beautiful arrangements, no need to worry. This class is for you. The instructor will introduce you to the intricacies of floral arrangement starting with basics and moving to more advanced techniques.

The program will cover:

- Proportion and Scale
- Harmony and Unity
- Rhythm
- Balance
- Emphasis

Safety Glasses and gloves will be supplied. All the tools needed for the projects will be provided by the Western Area Career & Technology Center.

(Appropriate casual attire should include suitable work pants and shirt.)

Interested parties should contact Mr. Dull at the Western Area Career & Technology Center,

www.wactc.net/tec

Cost \$ 110.00

Gaming

Tuesday / Thursday 6:00 – 8:00

4 weeks

Minimum 6 per Class

Gaming is bigger than ever. The games industry is now larger than both cinema and music. Some of you will have played games when you were younger, but let the hobby fall by the wayside. Some of you will have never picked up a game in your life. So what's the fuss about?



Gaming is a new cultural national pastime. It is big business. Anyone can do it. Young and old, male and female, athlete and bookworm no one has an advantage... until now. This program is designed to train the inexperienced. Enhance the novice's skills and create the master gamers from the masses. Techniques covered will be:

- Reflexive Ability
- Platform Calculation
- Self-Control
- Game Knowledge
- Timing

Gone are the days of the social misfit, sitting in a basement stuffing their faces with junk food, as they zone out to the latest challenge! The industry and the gamer image is changing. The industry is now beginning to offer scholarships for those who are adept at it and former gamers are now creating the new next challenge.

Interested parties should contact Mr. Dull at the Western Area Career & Technology Center,

www.wactc.net/tec

Cost \$ 60.00

HVAC

Tune-Up

Tuesday 6:00 – 8:00

3 Weeks

Minimum 6 per class

It never fails. It's 103° in the shade and the A/C decides to freeze up.

Or, it's -20° with icicles forming on your nose and the furnace decides to blow cold air.

You know how difficult it will be to get somebody to come to the home on short notice and if they can, you will need to take out a loan just for the house call.

Often, all of that could have been prevented, by you the homeowner, with just a little maintenance. This program will take you through the basic steps of preventative maintenance for your furnace and air conditioner. The program will also address homeowner safety for your furnace.

- Carbon Monoxide

- Dust Borne Allergens

- Gas Leaks

- Pilot Lights

- Belts and Filters

It is a complete tune-up for your home's air (warm and cold) conditioning. Don't procrastinate. Join us today.

(Appropriate work clothing is suggested. WACTC will provide safety glasses and gloves)

Interested parties should contact Mr. Dull at the Western Area Career & Technology Center,

www.wactc.net/tec

Cost \$ 60.00



Machine Shop Makeover

Tuesday / Thursday 5:30 – 9:30

5 weeks

Minimum 6 per Class

The craft of being a modern day machinist is in high demand.

Perhaps you may be looking for a career change, or maybe you're one of those who simply like to know more stuff.

Depending on your intent, this short introduction course can prepare you to become a prime candidate for future machining opportunities. If you have some machining experience, but are still relatively new to the CNC concepts this course will also raise your stock.

If this is just a learning opportunity, the machine shop offering is probably the most structured program we are listing. There will be classroom, hands on and maybe even a little homework. The program will cover:

- Blueprint reading
- Precision measurement and gauging
- Turning and milling processes
- Mill and lathe programming and operation

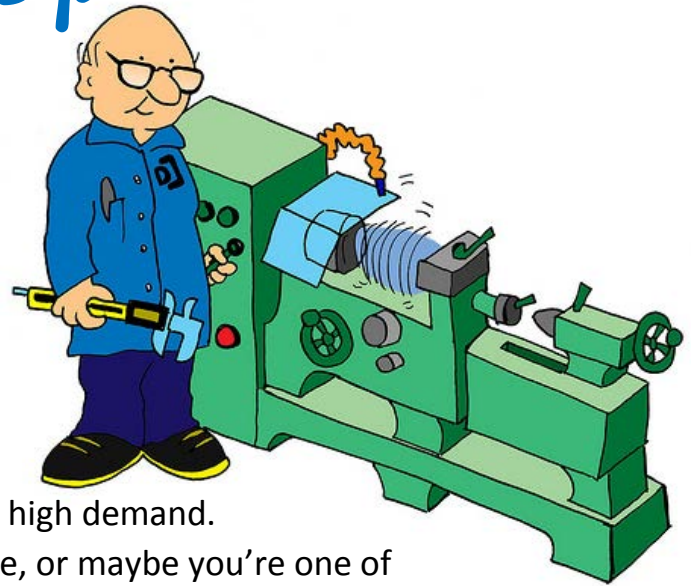
Safety Glasses and gloves will be supplied. All the tools and supplies needed for the projects will be provided by the Western Area Career & Technology Center.

(Steel toed shoes are highly recommended. NO open toe shoes or sandals are permitted. Appropriate attire should include suitable work pants and shirt.)

Interested parties should contact Mr. Dull at the Western Area Career & Technology Center,

www.wactc.net/tec

Cost \$ 110.00



Masonry

Tuesday / Thursday 5:30 – 9:30

5 weeks

Minimum 6 per Class

Whether it be a smooth finished driveway, or stone laid patio, or an ornamental brick wall, they all have one thing in common. They were all created by a Masonry expert. Part science, part construction with a big dose of artistry the mason combines form and function. The artistry takes years of practice. The basic skills of the craft are the focus of this course.

The course covers:

- Tools and Equipment
- Form Building
- Measurements and Planning
- Spreading Mortar
- Buttering
- Brick laying
- Bricks, Blocks and Stone

The course is designed to take a beginner and introduce them to masonry. The instructor will lead with lecture and follow with demonstration. The student's proficiency is determined by talent and adherence to technique

Safety Glasses and gloves will be supplied. All the tools and supplies needed for the projects will be provided by the Western Area Career & Technology Center.

(Steel toed shoes are highly recommended. NO open toe shoes or sandals are permitted. Appropriate attire should include suitable work pants and shirt.)

Interested parties should contact Mr. Dull at the Western Area Career & Technology Center,

www.wactc.net/tec

Cost \$ 80.00



Painting

Tuesday 5:30 – 8:30

4 weeks

Minimum 6 per Class



One of the hottest crazes in the country is the private painting party. WACTC is taking it to new heights. Light snacks, refreshments (Sorry, NO alcohol, we are a school!) and a great time plus fantastic instruction from one of the area's most talented artists. Techniques, color palettes and brush selections are described, demonstrated and employed throughout the class.

What more could you ask for? How about your finished works being displayed in our large group meeting room! (Only if you want) and priced to sell!

Novice or Rembrandt, all are welcomed! Make our party, your party and bring a group.

All the tools and supplies needed for the projects will be provided by the Western Area Career & Technology Center.

(No safety equipment needed for this course, but we do recommend casual "older" clothing or a protective smock.)

Corporate seating is available. Ask for details.

Interested parties should contact Mr. Dull at the Western Area Career & Technology Center,

www.wactc.net/tec

Cost \$ 110.00

Paranormal



Tuesday / Thursday 6:00 – 9:00

3 weeks

Minimum 6 per Class

We're BAAACK!

That's right! After a XX year hiatus, the extremely popular series is back!

This course takes a serious look at the world of the Paranormal. This program is for the true enthusiast. It is not intended belittle anyone's beliefs nor prove conclusively the existence of the unexplained. It will prepare you to seek out the unsolved and confirm the unconfirmed.

Our trained instructor will lead class discussions on:

- Electronic Voice Phenomenon

- Utilizing & Analyzing with Electronic Equipment

- Digital Photography with Computer Enhancements

So, if you truly believe, as so many of us do, that the existence of the supernatural is real and all around us, join us for this fun and informative series of classes.

Interested parties should contact Mr. Dull at the Western Area Career & Technology Center,

www.wactc.net/tec

Cost \$ 50.00

Personal Careology

Tuesday / Thursday 5:30 – 9:30

3 weeks

Minimum 6 per Class



Okay. So, we made up a word. State regulations made us do it!

Are you jealous of how your friend's nails are always just perfect? Or is proper skin care as foreign to you as advanced calculus? Or maybe your long locks never seem to co-operate? This program addresses all of that for you. We can't make a stylist in such a short time, but we will show you this:

- Manicures

- Pedicures

- Proper Skin Care

- Hair Braiding

- Make-up Application

If looking "good" is important to you, this is the program. You do not need previous experience. The program is designed for the novice. All practices are safe, economical and address trending fashion styles as well health issues.

(Comfortable clothing is suggested and a smock or over-sized button down shirt is highly recommended)

Interested parties should contact Mr. Dull at the Western Area Career & Technology Center

www.wactc.net/tec

Cost \$ 110.00

Pet Care and Grooming



Tuesday 5:30 – 8:30

4 weeks

Minimum 6 per Class

We all love our pets. We would do practically anything for them, but did you know the pet grooming and boarding industry in the United States in 2017 was an \$ 8.2 Billion dollar industry. There are 112,957 registered businesses across the country. Those are some pretty serious figures! The program is not intended to make you a veterinarian. That takes years of schooling. Rather, it does focus on what we can do for our pets as loyal pet owners and cover the possibility of turning a love into a business. The program covers:

- Animal Grooming

- Boarding Your Pet

- Pet Sitting

- Pet Training

- Pet Nutrition

After all, it's the least we can do for someone who is letting us stay in their home!

Interested parties should contact Mr. Dull at the Western Area Career & Technology Center,

www.wactc.net/tec

Cost \$ 60.00

Photography

Tuesday / Thursday 6:00 – 9:00

5 weeks

Minimum 6 per Class

Are you a closet shutterbug? It seems today, with the intervention of the cell phone, that everyone thinks themselves to be a photo-journalist. It's easy to whip out the cell phone and start clicking away, and there is something to be said for the convenience of that, but photography is so much more.

Photography deals with composition, depth of field, bracketing, negative space, the Rule of Thirds, white space and so much more. The photographer is an artist and this class treats it them as such.

You do not need to have any experience to begin this journey. And the experienced photographer is encouraged to join to pick up on technique and the latest trends in the business. WACTC does not supply the camera you choose to use. The instructor will tailor the instruction to the unit in use, taking into consideration its limitations and features.

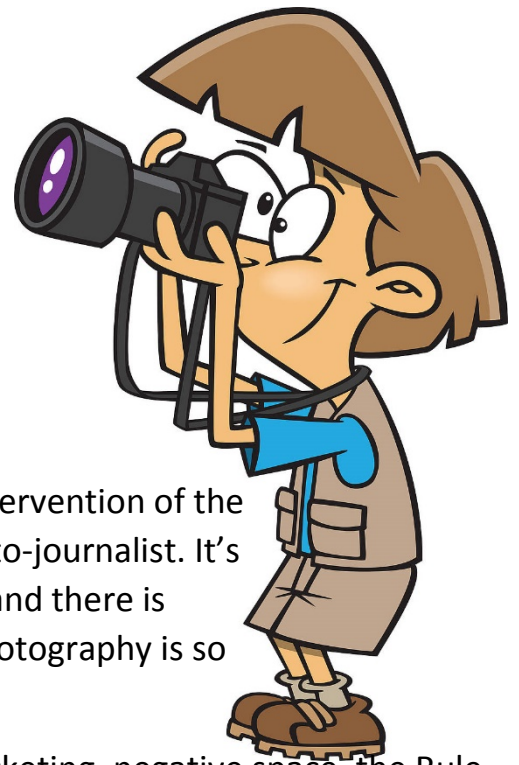
Most of the class will be conducted indoors, but some time may be spent in the elements. (Weather and sunlight permitting). Some "homework" may also be assigned for classroom discussion. Students should be aware of the critiquing of submitted projects by their peers and instructor.

(Appropriate comfortable clothing is recommended. Dress appropriately for outdoor assignments and training.)

Interested parties should contact Mr. Dull at the Western Area Career & Technology Center,

www.wactc.net/tec

Cost \$ 50.00



Plumbing

Tuesday / Thursday 5:30 – 9:00

5 weeks

Minimum 6 per Class

The cost of contracting a plumber is skyrocketing and this program is designed to introduce the home owner to basic plumbing skills. There is NO experience required to begin the course. The course will cover common plumbing problems such as:

- Sweating Copper Pipe

- Commode Installation

- Replacing a “P” Trap

- Faucet Installation

- Replacing a Toilet Mechanism

- Vanity Installation

Safety Glasses and gloves will be supplied. All the tools and supplies needed for the projects will be provided by the Western Area Career & Technology Center.

(Steel toed shoes are highly recommended. NO open toe shoes or sandals are permitted. Appropriate attire should include suitable work pants and shirt.)

Interested parties should contact Mr. Dull at the Western Area Career & Technology Center,

www.wactc.net/tec

Cost \$ 60.00



Residential Electricity

Tuesday / Thursday 5:30 – 9:00

5 weeks

Minimum 6 per Class

Learn proper methods of performing repair and new residential wiring as prescribed by the National Electric Code. This course explores the fundamental concepts of electricity in many applications including:

- Installing Receptacles
- Installing Switches
- Installing Fans
- Trouble Shooting
- Running Wire

The cost of a professional electrician coming to your home can be exorbitant and there will be times when their expertise is needed, but this program will give you the basic skills needed around your home.

Safety Glasses, gloves and textbook will be supplied. All the tools and supplies needed for the projects will be provided by the Western Area Career & Technology Center.

(Steel toed shoes are highly recommended. NO open toe shoes or sandals are permitted. Appropriate attire should include suitable work pants and shirt.)

Interested parties should contact Mr. Dull at the Western Area Career & Technology Center,

www.wactc.net/tec

Cost \$ 80.00

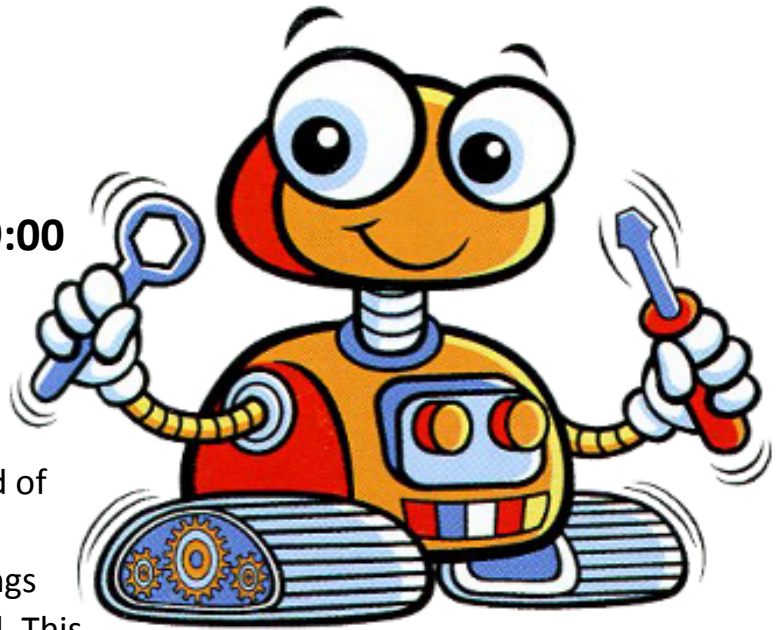


Robotics

Tuesday / Thursday 6:00 – 9:00

3 Weeks

Minimum 6 per class



This class welcomes you to the world of Robotics. The day is coming when robots will be doing many of the things we currently do and take for granted. This

program introduces you to robotics and remote-control operations through one of two unique projects. You will be led by your instructor in simple tasks such as:

- Diagram reading

- Soldering

- Relays

- Basic Programing

The class is meant to take the fear out of robotics through understanding and participation. The participant will choose to build either their own remote-control vehicle or remote-control drone. The bonus is that the finished product is yours to take and show your friends.

(Appropriate work clothing is suggested. Western Area career & Technology will supply Safety Glasses and gloves.)

Interested parties should contact Mr. Dull at the Western Area Career & Technology Center,

www.wactc.net/tec

Cost \$ 75.00

Small Engine Repair



Tuesday / Thursday 5:30 – 9:30

4 weeks (32 Hours)

Minimum 6 per Class

Chain saw won't start? Mower running rough? Snow blower hasn't worked in years? Sounds like my house, but with this unique class all that can change. At today's prices replacing those three items could run over a \$1,000! The Small Engine Repair program prepares you to:

- Complete Oil Changes

- Conduct Routine "Up-keep" Maintenance

- Make Repairs

- Troubleshooting

- Identify and Fix Hazards and Problems

- Create and Employ Preventative Maintenance Schedules

Saving you hundreds of dollars in costly repairs and even more if you need to replace!

Safety Glasses and gloves will be supplied. All the tools and supplies needed for the projects will be provided by the Western Area Career & Technology Center.

(Steel toed shoes are highly recommended. NO open toe shoes or sandals are permitted. Appropriate attire should include suitable work pants and shirt.)

Interested parties should contact Mr. Dull at the Western Area Career & Technology Center,

www.wactc.net/tec

Cost \$ 110.00

Soft Skills

Tuesday 6:00 – 8:00

3 weeks

Minimum 6 per Class



Does your tongue seem to get tied at all the wrong times and all the wrong places? Have you ever felt you were passed over for a position or promotion, just because you couldn't handle the interview? You're not alone. There is probably not a person in the country that hasn't felt that way one time or another. Those are your soft skills, and they are a combination of people skills, social skills, communication skills, character traits, attitudes and social intelligence that can either hold you back or make you a star.

This class will cover

- Interpersonal (People) Skills
- Listening Skills
- Empathy vs. Sympathy
- Communication

So, if that interview is looming on the horizon, or if you simply want to become more confident in social situations, this program is for you.

(Casual attire is suggested. During mock interviews casual business attire will be expected.)

Interested parties should contact Mr. Dull at the Western Area Career & Technology Center,

www.wactc.net/tec

Cost \$ 45.00

Sports for Beginners



Tuesday / Thursday 6:00 – 8:00

2 weeks

Minimum 6 per Class

Are you the non-jock who recalls anxiously hoping he or she wouldn't be the last person standing waiting to be picked for any team, and much more... you didn't care? Too many of us have been there at one time or another.

This class is for all of the "I Don't Cares" out there. The instructor will lead you through the basics of our country's four most popular sports. Maybe you need it to impress the boss... or more importantly impress that someone special. Or maybe you just want to sound a little more knowledgeable when you're sitting with family and friends.

Your Instructor will cover the basics on:

- Baseball
- Basketball
- Football
- Hockey

Don't let another conversation pass by, because you don't know the difference between a roll block and a sweet roll. Join our family today.

(No pads or equipment needed here. You will learn how to check someone into the boards, but there will be no physical contact!)

Interested parties should contact Mr. Dull at the Western Area Career & Technology Center,

www.wactc.net/tec

Cost \$ 45.00

Texas Line Dancing

Tuesday 6:00 – 8:00

5 weeks

Minimum 6 per Class



Have you always wanted to try line dancing out? Are you an experienced dancer and want to learn new dances? Do you have two left feet, but think this could be a way to meet new people?

If you answered yes to any of the above, you are the perfect candidate for this class! On any given night across the nation, thousands of happy people are moving their polished boots through country line dance steps. The dance's popularity may lie in part in the fact that unlike most other social dances, country line dancing does not require the partners to learn how to dance in pairs.

Once you have learned some line dancing steps, you'll want to bring them together into dances. Some of the steps that are covered are:

Heel Dig	Charleston
Double Heel Dig	Pivot Turn
Grapevine (or Vine)	Kick-Ball-Change
Triple Step	

All in all it is great fun, good exercise and a fantastic way to meet good people.

(Attire is comfortable clothing. Blue jeans and boots are preferred! Cowboy hats are optional)

Interested parties should contact Mr. Dull at the Western Area Career & Technology Center,

www.wactc.net/tec

Cost \$ 50.00

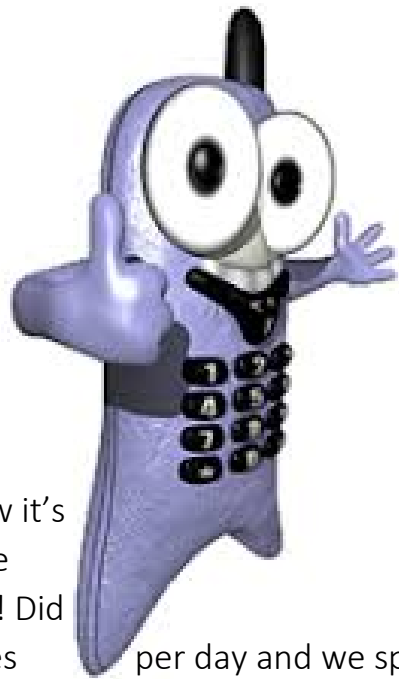
Ur' Phone

Tuesday / Thursday 6:00 – 8:00

2 weeks

Minimum 6 per Class

Some are saying that the age of the computer is dead. Now it's the age of the phone! Think about it. What is there that we cannot get with our phone? We are always on our phones! Did you know that Americans check their phones 8 Billion times per day and we spend an average of 90 minutes a day talking on it and 3.9 hours just staring at it!



So what is so captivating?

This program was created to answer that and help you get everything you can out of your phone. It has been crafted to take the rotary dial users and bring them kicking and screaming into the 21st century. The program will cover:

- Talking
- Texting
- Messaging
- Apps
- Voice Mails
- Cameras
- Email
- And Much More!

Cell phones are no longer the wave of the future. They are here now and they are here to stay. Learn how to make the most of it. Join us as we go "App" happy with today's technology and our new best friend, the cell phone.

Interested parties should contact Mr. Dull at the Western Area Career & Technology Center,

www.wactc.net/tec

Cost \$ 40.00

Welding

Tuesday / Thursday 6:00 – 9:00

5 weeks

Minimum 6 per Class

This is an opportunity to learn welding from scratch and quickly move into more complex welding processes. Class time and handouts for Polarities, flow of electrical current, electrode classification, fluxes and uses, welding symbols will begin your learning process. You do not need to have any previous experience to participate in this class, but experienced welders looking for a refresher course are also encouraged to apply.

This program will cover:

Welding Safety

Employing electrode techniques on how to:

- strike an arc
- run a pass with whip motion
- weld a pad and layering in flat position
- weld basic fillet position
- true horizontal
- 3F vertical
- groove welds and joints

Candidates must provide their own welding helmets, gloves (welding jacket) and safety glasses

Interested parties should contact Mr. Dull at the Western Area Career & Technology Center,

www.wactc.net/tec

Cost \$ 200.00



Wine Tasting

Tuesday 6:00- 7:30

3 weeks

Minimum 6 per Class

The classes are designed to be an event, giving you the opportunity to sample a range of wines. Your fellow participants are likely to have various levels of knowledge. Tastings don't come in beginner, intermediate, and advanced levels — one size fits all.

At the event, you can learn from your fellow tasters, as well as make new friends who share your interest in wine. Most importantly, you can taste wine in the company of individuals and your lead who are more experienced than you, which is a real boon in training your palate. **IMPORTANT NOTE:** This class will be held at an off campus location to be named at a later date.

The program covers:

- The Etiquette of a Wine Tasting Event
- To Spit Or Not To Spit?
- Sound Effects
- Offering Opinions

For a good time and the opportunity to properly train your palette, join us for one of more sophisticated classes! This class will be held at an off campus location to be named later.

(Attire is business casual. Smoking (anything) is a complete no-no at any wine tasting. Using any scented perfume, after-shave lotion, or scented hair spray is also undesirable.)

Interested parties should contact Mr. Dull at the Western Area Career & Technology Center,

www.wactc.net/tec

Cost \$ 60.00



Yoga

Tuesday 6:00 – 7:00

8 weeks

Minimum 6 per Class



The serenity of yoga transcends centuries of tradition and hundreds of cultures. It is a timeless art form based on a Hindu spiritual and ascetic discipline, a part of which, including breath control, simple meditation, and the adoption of specific bodily postures, is widely practiced for health and relaxation.

Since the individual experience of Yoga is quite personal and may differ for each practitioner, there are a wide variety of approaches to its practice. All approaches to Yoga, however, are intended to promote some aspect of wellbeing.

Many believe practicing yoga has many potential health benefits including relieving low back pain, assisting with stress management and increasing balance and flexibility.

Our mission is to provide guidance for the beginner yogin (male) or a yogini (female) and expand the technique of experienced practitioners.

All the supplies needed for the program will be provided by the Western Area Career & Technology Center.

(No safety equipment needed for this course, but we do recommend appropriate aerobic attire)

Corporate seating is available. Ask for details.

Interested parties should contact Mr. Dull at the Western Area Career & Technology Center,

www.wactc.net/tec

Cost \$ 40.00

Zumba

Tuesday 6:00 – 7:00

5 weeks

Minimum 6 per Class

This aerobic fitness program, featuring movements inspired by various styles of Latin American dance and performed primarily to Latin American dance music, is one of the hottest trends in physical fitness in America. It's a fun, high energy, low impact form of cardio exercise.

The instructor will lead you through the dance moves at an instructional pace, followed by an increased pace accompanied by raucous Latin music and vocal encouragement from your leader.

No judgement allowed in this class. It is designed to work for the “struggling to get in shape” beginner to the “well-toned” this is just fun veteran. The lively music and friendly atmosphere is guaranteed.

No protective equipment needed here. We do suggest comfortable warm-up clothes, because you will work up a sweat.

Groups are welcomed!

Interested parties should contact Mr. Dull at the Western Area Career & Technology Center,

www.wactc.net/tec

Cost \$ 40.00

