

Person with Lab confirmed COVID-19 and has symptoms

Isolate for 10 days from symptom onset

Can return when: Fever free for 3 days and respiratory symptoms (cough, shortness of breath) are improving

Person with Lab confirmed COVID-19 and has no symptoms

Isolate for 10 days from day of positive test

*If you develop symptoms after testing positive, your **10 days of isolation will restart when symptoms start**

Anyone who has had close contact* with someone with COVID-19 and will have no further contact

Quarantine for 14 days after their last exposure to that person

*Close contact per PA Department of health is within 6 ft. for 15 consecutive minutes

Anyone who lives with a COVID-19 positive person

You must avoid contact with others outside the home while the person is sick, and then quarantine for 14 days after the person who has COVID-19 meets the criteria to end the 10 day home isolation (10 days isolation + 14 day quarantine = 24 days) * If another family member tests positive, your 14 day quarantine will restart at the end of their 10 day isolation

Stay home if you have:

1 or more symptoms in Group A
or
2 or more symptoms in Group B

Group A

Cough

Shortness of breath

Unable to smell

Unable to taste

Group B

Fever

Chills

Shaking/Shivering

Muscle aches

Headache

Fatigue

Sore throat

Nausea or vomiting

Diarrhea

Congestion or runny nose

Travel to a State that has a high amount of COVID-19 positive cases

Quarantine for 14 days upon your return to Pennsylvania

*List of states is updated every Friday and can be viewed at:

<https://www.health.pa.gov/topics/disease/coronavirus/Pages/Travelers.aspx>

Western Area Career & Technology Center

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